

Synergy Health PC earns patient-centered medical home designation from Blue Cross Blue Shield of Michigan

Nation's largest PCMH program transforming primary care in Michigan

Blue Cross Blue Shield of Michigan has designated Synergy Health PC as a 2015 patient-centered medical home practice. The designation period runs from July 1, 2015 through June 30, 2016.

This means they are among a select group of physicians who are improving primary care in Michigan by adopting the PCMH model of care.

"The patient-centered medical home is health care centered on the patient," said <Synergy Health PC> "We take a holistic and comprehensive approach to patient care helping you meet your health goals and keeping track of all your specialist visits, test results and prescriptions."

Blue Cross Blue Shield of Michigan has designated roughly 1,550 primary care practices — with more than 4,340 primary care doctors — as PCMH practices. The program is the largest of its kind in the country and has the potential to affect close to 2 million Michigan residents.

With the PCMH model, we create care teams that work with you to keep you healthy and monitor your care on an ongoing basis.

We coordinate your health care using registries to track your conditions and ensure you receive the care you need. We offer you more access to the care team, coordinate complimentary care (such as nutrition counseling) and help you better manage conditions like asthma and diabetes.

A recent analysis of Blue Cross claims data shows that PCMH-designated doctors are succeeding in more effectively managing patients' care to keep them healthy and prevent complications.

For more information, contact us at 248-419-5111 or synergyhealthpc@gmail.com with any questions or concerns.



“health care
centered on you,
the patient”



Frequently asked questions about PCMH



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What's that?

A patient-centered medical home is health care focused on you, the patient. It is a partnership between you and your doctor. Your doctor leads a team of health care professionals committed to improving your overall health and to helping you reach your health goals.

Instead of just being treated for a problem here and there without making a connection between symptoms, the patient-centered medical home focuses on connecting the dots and coordinating care.

Your health team may consist of your primary care doctor, nurses, specialty physicians, pharmacists, nutritionist, care coordinators and others depending on your needs.

For example, do you want to quit smoking? Better control your diabetes or asthma? Lose weight? Manage your stress? Your medical home doctor will put the right team in place for you.



Q. Are there advantages for me?

The team in your patient-centered medical home looks at your whole health picture. They spend more time with you at your visit. PCMH aims to prevent problems from occurring and puts control of your health where it belongs — with you and your team.

Because they know you, it is easier to get care when you need it. You have 24-hour access to your medical home. If you have a health problem in the middle of the night, your patient-centered medical home team is available, possibly helping you avoid a trip to the emergency room.

Your doctor's office will follow-up with you after your visit to see how you're doing, or remind you to schedule tests that help manage your conditions.

If you need a specialist for a specific condition, your patient-centered medical home will help you find the right specialist for your needs. Because all your tests and treatments by other doctors have been sent to your primary care doctor, you have a centralized home for your medical history. You won't have to re-explain every symptom and test result each time you visit your doctor.

Q. How do I find doctors that are part of a patient-centered medical home?

There are more than 4,000 physicians throughout Michigan designated by Blue Cross Blue Shield of Michigan as Patient-Centered Medical Homes. You can find one in most every Michigan county, and more physicians are being added each year. You can find a list of designated doctors on bcbsm.com. Click on *Find Doctor*, then on *Dental, Vision and Other Directories*.

Q. Do I see the entire team at my appointment?

You make an appointment with your patient-centered medical home doctor. Your doctor's office will coordinate any care needed from other team members.

Q. Can I see other doctors who are not part of my patient-centered medical home?

Yes, unless your benefit plan requires you to receive care from a designated patient-centered medical home doctor.

